

TEST NAME	SYMBOL	SPECIMEN	VACUTAINER TUBE (VOLUME)	STORAGE TEMP.	SHIPPING TEMP.	ADDITIONAL INFORMATION & SHIPPING INSTRUCTIONS
Reproductive STATS						
Beta-HCG (S) Quantitative	b-HCG	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Estradiol (STAT)	E ²	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Follicle Stimulating Hormone	FSH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Luteinizing Hormone	LH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Progesterone	Prog	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
FDA Donor and Infectious Disease Tests						
G.C./Chlamydia By Nucleic Acid Amplification	G.C./Chlam. DNA Amp.	Swab / Urine	BD ProbeTec. Swab OR Urine Preservative Transport (UPT)	Ambient	Ambient	Patients should not urinate at least 1h prior to collection. Must collect first 15-30 ml of voided urine (not midstream). Specimen must be received within 30h.
Cytomegalovirus Total Antibody	CMV Total Ab.	Serum	Lavender (EDTA) (3 ml)	Refrigerate	Ambient	
Hepatitis B Core Antibody Total	HBcAb	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Hepatitis B Surface Antigen	HBsAg	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Hepatitis C Antibody	HCV Ab	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Human Immunodeficiency Virus-1 & 2 Antibody Screen	HIV-1 & 2 Ab Screen	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
HIV / Hepatitis C by Nucleic acid Amplification	HIV/HCV NAT	Whole Blood	Lavender (EDTA) (3 ml)	Ambient	Ambient	
Human T-cell Lymphotropic Virus I + II Qualitative	HTLV I + II Qual.	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Rapid Plasma Reagin (Syphilis) Qualitative	RPR Qual.	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Additional Donor and Infectious Disease Tests						
Blood Typing & Rh	ABO & Rh	Whole Blood	Lavender (EDTA) (5 ml / 1.1 ml)	Refrigerate	Ambient	
Cytomegalovirus IgG Antibody	CMV IgG	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Cytomegalovirus IgM Antibody	CMV IgM	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Cystic Fibrosis (97 Mutation)	CF	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml
Drug Screen, Urine [7drugs+ Alcohol]		Urine	Urine Cup (35 ml)	Ambient	Ambient or Cold	If arrival at lab will extend beyond 7 days then refrigerate.
Add Nicotine Metabolite Screen, Urine		Urine	Urine Cup (5 ml / 1.1 ml)	Refrigerate	Ambient	
Rubella IgG Antibody		Serum	Red - spin & separate OR Tiger SST (1 ml)	Ambient	Ambient	
Varicella-Zoster IgG Antibody		Serum	Red - spin & separate OR Tiger SST (1 ml)	Ambient	Ambient	
West Nile Virus	WNV	Serum	Lavender (EDTA) (3 ml)	Ambient	Ambient	

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Hormones						
Anti-Mullerian Hormone	AMH	Serum	Red - spin & separate (1 ml)	Refrigerate	Cold or Frozen	Serum must be separated out within 2 hours. Can be refrigerated & shipped cold if received within 24 hours. Store & ship frozen if not sent the same day it was drawn.
Estradiol, (RIA)	E ²	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Follicle Stimulating Hormone	FSH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Inhibin B		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Luteinizing Hormone	LH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Progesterone	Prog	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
17-Hydroxy Progesterone	17-OHP	Serum	Red - spin & separate OR Tiger SST (.3 ml)	Refrigerate	Ambient	
Testosterone, Total (RIA)	T	Serum	Red - spin & separate OR Tiger SST (.8 ml)	Refrigerate	Ambient	
Testosterone, Free by Equilibrium Dialysis	Free T	Serum	Red - spin & separate OR Tiger SST (.5 ml)	Refrigerate	Ambient	
Androstenedione	AD	Serum	Red - spin & separate or Tiger SST (.3 ml)	Refrigerate	Ambient	
Dehydroepiandrosterone sulphate	DHEA-S	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Prolactin	Prol	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	AM draw recommended
Fasting Insulin		Serum	Red - spin & separate OR Tiger SST (.8 ml)	Refrigerate	Ambient	Fasting, AM draw
Insulin Tolerance Test (5 specimens)	ITT	Serum	Red - spin & separate OR Tiger SST (2 ml / specimen)	Refrigerate	Ambient	Fasting AM draw. Separate plasma from cells within 45 minutes of collection. Label each tube with patient's name and time interval. Submit 2 mL serum for fasting and each time interval (30 minutes, 1 hour, 1 1/2 hours, 2 hours, 2 1/2 hours, etc).
Thyroid-Stimulating Hormone	TSH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Sex Hormone Binding Globulin	SHBG	Serum	Red - spin & separate OR Tiger SST (.5 ml)	Refrigerate	Ambient	
T-3, Free		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
T-3 Total		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
T-4,		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
T-4 Free		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Aldosterone	ALDO	Serum OR Plasma	Red - spin & separate OR Tiger SST OR Lavender (EDTA) (.8 ml)	Refrigerate	Ambient	

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Hormones Continued						
Adrenocorticotrophic Hormone	ACTH	Plasma, Frozen	Lavender (EDTA) (.8 ml)	Freezer	Frozen	Collect into iced plastic or siliconized glass lavender-top (EDTA) tube, noting time of collection. After venipuncture, immediately immerse the tubes in an ice bath. Separate plasma from cells by centrifugation. Transfer the plasma into a frozen purple tube with screw cap. Freeze immediately and maintain frozen until tested.
Cortisol		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
C-Peptide		Serum, Frozen	Red OR Tiger SST (1 ml)	Freezer	Frozen	Recommend 14-16 hour fast. Allow sample to clot. Transfer the serum to a frozen purple tube with screw cap. Freeze immediately and maintain frozen until tested.
Insulin-like Growth Factor Binding Protein-1	IGFBP-1	Serum, Frozen	Red or Tiger SST (.5 ml)	Freezer	Frozen	Transfer the serum into a frozen purple tube with screw cap. Freeze immediately and maintain frozen until tested.
Growth Hormone	GH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Insulin-like Growth Factor-1	IGF-1	Serum	Red - spin & separate OR Tiger SST (.5 ml)	Refrigerate	Ambient	
Male Infertility						
Sperm DNA Decondensation	SDD	Fresh semen	Conical tube with bubble wrap	Refrigerate	Cold	Ship cold with frozen ice packs
Inhibin B		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Estradiol, (RIA)	E ²	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Follicle Stimulating Hormone	FSH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Luteinizing Hormone	LH	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Prolactin	Prol	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Testosterone, Total (RIA)	T	Serum	Red - spin & separate OR Tiger SST (.8 ml)	Refrigerate	Ambient	
Testosterone, Free by Equilibrium Dialysis	Free T	Serum	Red - spin & separate OR Tiger SST (.5 ml)	Refrigerate	Ambient	
Y-Chromosome Microdeletion Analysis	YCMD	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	
Chromosome Analysis	Chrom	Whole Blood	Green (Heparin) (5-10 ml)	Ambient	Ambient	

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Genetics						
Chromosome Analysis	Chrom	Whole Blood	Green (Heparin) (5-10 ml)	Ambient	Ambient	
Fragile X Syndrome	FRAX	Whole Blood	Lavender (EDTA) OR Yellow (ACD) (20 ml)	Ambient	Ambient	
Y-Chromosome Microdeletion Analysis	YCMD	Whole Blood	Lavender (EDTA) OR Yellow (ACD) (20 ml)	Ambient	Ambient	
Cystic Fibrosis (97 Mutation)	CF	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Ashkenazi Jewish Carrier (Includes CF, Canvan, Tay-Sachs)		Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Add on Tay-Sachs enzymes		Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Add on any additional tests below to Ashkenazi Panel		Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Bloom Syndrome	BS	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Canavan Disease	CD	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Familial Dysautonomia	FD	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Fanconi Anemia Group C	FAC	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Gaucher Disease		Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Glycogen Storage Disease Type 1A	GSD-1	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Maple Syrup Urine Disease	MSUD	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Mucopolipidosis Type IV	ML-IV	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Niemann-Pick [Type A]	NPA	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Tay-Sachs DNA Analysis	TSD	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Tay-Sachs Enzyme Analysis		Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml
Prader-Willi / Angelman Syndrome	PWAS	Whole Blood	Lavender (EDTA) OR Yellow (ACD)	Ambient	Ambient	1 Test Ordered = 10 ml Multiple Tests Ordered = 30 ml

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Coagulation						
Antithrombin III Activity	AT-III act.	Plasma, Frozen	Blue (3.2% Na Citrate) (2 ml / 1 ml)	Freezer	Frozen	AM draw recommended. Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Activated Partial Thromboplastin Time	APTT	Plasma, Frozen	Blue (3.2% Na Citrate) (2 ml / 1 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Factor V Activity	FV act.	Plasma, Frozen	Blue (3.2% Na Citrate) (2 ml / 1 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Homocysteine, Fasting	Hcy	Serum	Red - spin & separate OR Tiger SST (3 ml)	Refrigerate	Ambient	Fasting, AM draw. Plasma must be separated from cells within 1 hour of collection.
Plasminogen Activity Inhibitor -1	PAI-1	Plasma, Frozen	Blue (3.2% Na Citrate) (1 ml / .5 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Protein C Activity	Prot. C act.	Plasma, Frozen	Blue (3.2% Na Citrate) (2 ml / 1 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Protein S Activity	Prot. S act.	Plasma, Frozen	Blue (3.2% Na Citrate) (2 ml / 1 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Factor II [Prothrombin] G20210A		Whole Blood	Lavender (EDTA) OR Yellow (ACD) (10 ml)	Ambient	Ambient	
Antithrombin III Antigen	AT-III Ag	Plasma, Frozen	Blue (3.2% Na Citrate) (2 ml / 1 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Factor V Leiden Mutation	FV Leiden mut.	Whole Blood	Lavender (EDTA) OR Yellow (ACD) (10 ml)	Ambient	Ambient	
Methylenetetrahydrofolate Reductase (C667T) Mutation Analysis	MTHFR	Whole Blood	Lavender (EDTA) OR Yellow (ACD) (10 ml)	Ambient	Ambient	
Protein C Antigen	Prot. C Ag	Plasma, Frozen	Blue (3.2% Na Citrate) (2 ml / 1 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Protein S Antigen (Total + Free)	Prot. S Ag (Total + Free)	Plasma, Frozen	Blue (3.2% Na Citrate) (3 ml / 2 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately

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Antiphospholipids						
Anticardiolipin Antibodies IgG,IgM,IgA	ACA	Serum	Red - spin & separate OR Tiger SST	Ambient	Ambient	
Antiphospholipid Antibody Panel	APA	Serum	Red - spin & separate OR Tiger SST	Refrigerate	Ambient	
Lupus Anticoagulant Comprehensive Profile	LAC	Plasma, Frozen	Blue (3.2% Na Citrate) (3 ml)	Freezer	Frozen	Centrifuge immediately @ 3500 rpm, 15 minutes. Remove plasma, aliquot 2 ml plasma into plastic transport tube, freeze immediately
Beta-2 Glycoprotein I Antibodies - IgA,IgG,IgM	Anti-B2-Gly1	Serum	Red - spin & separate OR Tiger SST (2 ml / 1 ml)	Ambient	Ambient	
Immunology						
Natural Killer Cells Activation Assay	NK	Whole Blood	Green (Heparin) (10ml)	Ambient	Ambient	
Reproductive Immunophenotype	RIP	Whole Blood	Green (Heparin) (10ml)	Ambient	Ambient	
Embryotoxicity Assay	ETA	Serum	Tiger SST (10 ml)	Ambient	Ambient	
Leukocyte Antibody Detection	LAD	Whole Blood 2 Male 1 Female	Male - Green (Heparin) (10ml) Female - Red (spin & separate)	Ambient	Ambient	Make sure to draw 2 Green Tops for the Male and 1 Red Top for the Female .
Autoimmunity						
Anti-Microsomal Ab	AMA	Serum	Red - spin & separate OR Tiger SST (1 ml / .5 ml)	Refrigerate	Ambient	
Anti-Thyroglobulin Ab	ATA	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
TSH Receptor Ab	TRAB	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Thyroid Peroxidase Ab	TPO Ab	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	
Anti-Nuclear Ab Screen	ANA	Serum	Red - spin & separate OR Tiger SST (1 ml / .5 ml)	Refrigerate	Ambient	
Anti-Nuclear Ab Infertility Panel (ssDNA, dsDNA, Sm, RNP/Sm, SS-A, SS-B, SCL-70, Histones)	ANA	Serum	Red - spin & separate OR Tiger SST (1 ml / .5 ml)	Refrigerate	Ambient	
Anti-Ovarian Ab	AOA	Serum	Red - spin & separate OR Tiger SST (1 ml / .5 ml)	Refrigerate	Ambient	
Anti-Sperm Ab	ASA	Serum	Tiger SST (4 ml)	Freezer	Frozen	
General Assays						
Blood Typing & Rh	ABO & Rh	Whole Blood	Lavender (EDTA) (5 ml / 1.1 ml)	Refrigerate	Ambient	
Antibody Screen (Red Blood Cell)	Ab screen (RBC)	Whole Blood	Lavender (EDTA) (5 ml)	Refrigerate	Ambient	
Comprehensive Metabolic Profile [12]	CMP	Serum	Red - spin & separate OR Tiger SST (5 ml)	Ambient	Ambient	Patients should fast for 12-14 hours before collection of the specimen.
Complete Blood Count	CBC	Whole Blood	Lavender (EDTA) whole tube	Ambient	Ambient or Cold	Specimen must be processed for testing within 24 hours of collection.

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General Assays Continued						
Hemoglobinopathy Profile		Whole Blood	Lavender (EDTA) (1 ml / .5 ml)	Refrigerate	Ambient	
Hepatic Function Panel [6]		Serum	Red - spin & separate OR Tiger SST (4 ml)	Refrigerate	Ambient	Separate serum from cells within 45 minutes of collection.
Lipid Panel w/ LDL/HDL Ratio		Serum	Red - spin & separate OR Tiger SST (1 ml / .5 ml)	Ambient	Ambient	Separate serum from cells within 45 minutes of collection. Patients should fast for 12-14 hours before collection of the specimen.
Mycoplasma / Ureaplasma (Hominis Culture)		Swab	Copan UTM-RT Swab	Ambient	Ambient	
PAP, Liquid w/ HPV Reflex			Vial with PreservCyt® solution, ThinPrep®; SurePath® vial with CytoRich® fixative	Ambient	Ambient	Specimen must be processed for testing within 21 days of collection.
Prostate Specific Antigen	PSA	Serum	Red - spin & separate OR Tiger SST (.5 ml)	Refrigerate	Ambient	
Sickle Cell (Hemoglobin Solubility)		Whole Blood	Lavender (EDTA) (1 ml / .1 ml)	Refrigerate	Ambient	
Semen Culture		Semen OR Swab	Semen/Urine Cup OR Swab	Ambient	Ambient	
Urinalysis w/ Micro Exam		Urine	Routine urinalysis tube, BD Vacutainer UA Preservative Tube, or sterile urine cup. (10ml / 2ml)	Refrigerate	Ambient	
Drug Screen, Urine [7drugs+ Alcohol]		Urine	Urine Cup (35 ml)	Ambient	Ambient or Cold	If arrival at lab will extend beyond 7 days then refrigerate.
Add Nicotine Metabolite Screen, Urine		Urine	Urine Cup (5 ml / 1.1 ml)	Refrigerate	Ambient	
Vitamin-D,25-Hydroxy	Vit. D, 25-OH	Serum	Red - spin & separate OR Tiger SST (.5 ml)	Refrigerate	Ambient	
C-Reactive Protein-high sensitivity	CRP-hs	Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Cold or Frozen	Stable for up to 3 days at 4°C. If >3 days freeze.
Hemoglobin A1c	HgA1c	Whole Blood	Lavender (EDTA) OR Green (Heparin) (7 ml)	Ambient	Ambient	Stable at room temperature up to 7 days. If >7 days then refrigerate
Fasting Glucose		Serum	Red - spin & separate OR Tiger SST (1 ml)	Refrigerate	Ambient	Fasting, AM draw
Glucose Tolerance Test (5 specimens)	GTT	Serum	Red - spin & separate OR Tiger SST (2 ml / specimen)	Refrigerate	Ambient	Fasting AM draw. Separate serum from cells within 45 minutes of collection. Label each tube with patient's name and time interval. Submit 2 mL sodium fluoride plasma for fasting and each time interval (30 minutes, 1 hour, 1 1/2 hours, 2 hours, 2 1/2 hours, etc).